

# **CREATING CONFIDENCE III**

## **REGIONAL TOURNAMENT**

### **APRIL 30<sup>TH</sup> 2011**

Hosted by Rahn's Black Belt Academy 604-532-0172 - sr1rbba@telus.net

**Tournament Location - Langley Christian Middle/High School  
22702 - 48 Avenue, Langley, BC**

## **DIRECTIONS**

### **To the Tournament Location**

#### **From Washington**

1. Take the I-5 north to Blaine.
2. Take exit #275 and go through the truck crossing Canada-US Border (just east of Blaine).
3. In Canada you will be on Hwy #15 (176<sup>th</sup> Street); follow Hwy #15 approximately 3 minutes then turn right at 16<sup>th</sup> Ave.
4. Follow 16<sup>th</sup> Ave for about 5 minutes & **Turn Left on 232<sup>nd</sup> Street.**
5. Cross over Fraser Hwy & **Turn Left on 48<sup>th</sup> Ave.** The school is a few blocks down on the left, Watch for the signs.

#### **From North Vancouver**

1. Take Hwy #1 East over the Second Narrows Bridge and then over the Port Mann Bridge.
2. Take Exit 66 and follow 232<sup>nd</sup> Street South. Just past the Chevron Station you will need to get in

- the Left turning lane to continue onto 232<sup>nd</sup> Street. Continue for about 4 minutes
3. **Turn Right on 48<sup>th</sup> Ave.** The school is a few blocks down on the left, Watch for the signs.

#### **From the Hotel - Days Inn & Suites**

You are a five minute drive to the tournament.

1. Turn Right on Logan Avenue from the hotel entrance.
2. Turn Left at Fraser Highway
3. Turn Left at 48<sup>th</sup> Avenue
4. The school is down a few blocks on the right.

#### **From the Hotel - Hampton**

1. From Hwy #10 travel back to Hwy #15.
2. Turn right at Hwy #15 (176 Street)
3. Turn right again at 60<sup>th</sup> Avenue

### **To the Hotels**

#### **The Ramada Inn, 19225 Langley Bypass (Hwy #10) Surrey, BC**

1. Take the I-5 north to Blaine.
2. Take exit #275 and go through the truck crossing Canada-US Border (just east of Blaine).
3. You will be on Hwy #15 (176<sup>th</sup> Street); follow Hwy #15 approximately 10 minutes to Hwy #10
4. Turn right at Hwy #10 (56<sup>th</sup> Avenue) follow Hwy #10 for approximately 2 miles
5. Turn left at 192<sup>nd</sup> (ABC Resturant) and take a right turn into ABC / Ramada Inn parking lot

#### **The Hampton Inn, 19500 Langley Bypass (Hwy #10) Surrey, BC**

4. Repeat up to step 4 on the directions above
5. Continue along Highway #10 for another ½ mile
6. The hotel will be on the Right (south) side of Hwy 10.

#### **Days Inn & Suites, 20250 Logan Avenue, Langley, BC**

4. Repeat up to step 4 on the first directions above
5. Continue along Highway #10 for another mile
6. Turn Right at Fraser Highway. Drive 2 blocks.
7. Turn Left at Logan Avenue.
8. The hotel is about 3 blocks down on the Right (south) side of the street next to the Tim Hortons!