

CREATING CONFIDENCE III

REGIONAL TOURNAMENT

APRIL 30TH 2011

Hosted by Rahn's Black Belt Academy 604-532-0172 - sr1rbba@telus.net

**Tournament Location - Langley Christian Middle/High School
22702 - 48 Avenue, Langley, BC**

DIRECTIONS

To the Tournament Location

From Washington

1. Take the I-5 north to Blaine.
2. Take exit #275 and go through the truck crossing Canada-US Border (just east of Blaine).
3. In Canada you will be on Hwy #15 (176th Street); follow Hwy #15 approximately 3 minutes then turn right at 16th Ave.
4. Follow 16th Ave for about 5 minutes & **Turn Left on 232nd Street.**
5. Cross over Fraser Hwy & **Turn Left on 48th Ave.** The school is a few blocks down on the left, Watch for the signs.

- the Left turning lane to continue onto 232nd Street. Continue for about 4 minutes
3. **Turn Right on 48th Ave.** The school is a few blocks down on the left, Watch for the signs.

From the Hotel - Days Inn & Suites

You are a five minute drive to the tournament.

1. Turn Right on Logan Avenue from the hotel entrance.
2. Turn Left at Fraser Highway
3. Turn Left at 48th Avenue
4. The school is down a few blocks on the right.

From North Vancouver

1. Take Hwy #1 East over the Second Narrows Bridge and then over the Port Mann Bridge.
2. Take Exit 66 and follow 232nd Street South. Just past the Chevron Station you will need to get in

From the Hotel - Hampton

1. From Hwy #10 travel back to Hwy #15.
2. Turn right at Hwy #15 (176 Street)
3. Turn right again at 60th Avenue

To the Hotels

The Ramada Inn, 19225 Langley Bypass (Hwy #10) Surrey, BC

1. Take the I-5 north to Blaine.
2. Take exit #275 and go through the truck crossing Canada-US Border (just east of Blaine).
3. You will be on Hwy #15 (176th Street); follow Hwy #15 approximately 10 minutes to Hwy #10
4. Turn right at Hwy #10 (56th Avenue) follow Hwy #10 for approximately 2 miles
5. Turn left at 192nd (ABC Resturant) and take a right turn into ABC / Ramada Inn parking lot

The Hampton Inn, 19500 Langley Bypass (Hwy #10) Surrey, BC

4. Repeat up to step 4 on the directions above
5. Continue along Highway #10 for another ½ mile
6. The hotel will be on the Right (south) side of Hwy 10.

Days Inn & Suites, 20250 Logan Avenue, Langley, BC

4. Repeat up to step 4 on the first directions above
5. Continue along Highway #10 for another mile
6. Turn Right at Fraser Highway. Drive 2 blocks.
7. Turn Left at Logan Avenue.
8. The hotel is about 3 blocks down on the Right (south) side of the street next to the Tim Hortons!